LEADER SPOTLIGHTS
Hear from our Community

ASPIRING FOR MENSTRUAL EQUITY
Learn more about MHM Day

IN CONVERSATION WITH MELISSA BERTON
Hear from Oscar-winning producer Melissa Berton

GIRL UP INDIA LEADERSHIP SUMMIT
Save the date - the Summit is here

JOB BOARD
Browse through feminist job opportunities

NEW CLUBS
Welcome our new Clubs

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Get in touch with the team
Girl Up is a girl-centered leadership development initiative, focusing on equity for girls and women in spaces where they are unheard or underrepresented. We believe when girls and women are in positions of influence, they work to create a more just and equitable world for everyone.

Girl Up operates a global network of regional affiliates reaching 200,000 girls in 152 countries. We deliver evidence-based leadership development training through our girl-led Clubs, programs, and events. As members of a global movement, girls are a force for social good — connected to a Community of their peers who are advocating for policy change and advancing gender justice.

Founded in 2010 and hosted by the United Nations Foundation, Girl Up welcomes girls and youth of all gender identities to start a Club and join our movement to advance gender justice worldwide. Together, we are expanding girls’ skills, rights, and opportunities to lead, and changing the face of leadership for generations to come.
Girl Up India

Events
In collaboration with education activist Vee Kativhu, Girl Up India launched a menstrual equity campaign in March this year. The campaign started with a successful fundraiser in the UK. We raised INR 1,50,000 for a distribution drive to commemorate World Menstrual Hygiene Day. The drive was conducted in poor-resource communities in Sanjay Camp and Vivekananda Camp in New Delhi. Over 40,000 pads, 1500+ soaps, and 317 hot water bags were distributed with support from volunteers from Girl Up Bani, supporting 317 menstruators for a year.

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I was able to witness the transformative power of collaborative action. When young people come together, change manifests.

Ananya, Volunteer
On May 17, Girl Up India successfully hosted a day-long STEAM session as a part of the US Consulate Chennai’s ‘Women in STEAM’ residential camp at Cochin University of Science and Technology (CUSAT), Kochi. The camp brought together 37 young students from the states of Kerala and Tamil Nadu. At the session, they learnt more about topics like bias in design and creating safer cities through technology.

“I really liked the flow of the session, it was very informative and felt like the Girl Up facilitators had done a lot of research to give us new and helpful information. Everyone emerged with a better understanding of gender equality.”

Lynn, Participant

“I am so happy to know that movements like Girl Up exist to focus on important issues faced by girls and women globally. Thank you Girl Up - on behalf of all girls!”

Yogamethra, Participant
Girl Up's Global Teen Advisory Board 2022-23 comprised of 25 girls from 14 countries. The cohort underwent rigorous yearlong training, gaining leadership skills and mentorship, with a culminating in-person week-long activation in Washington D.C.

Saundarya, TA 2022-23 from India, joined the group in Washington D.C. from April 20-24.

As a Teen Advisor, I was able to represent the community, shape Girl Up programming and connect with mentors who shaped my personal journey. Serving on the Crisis Communications Committee and as a delegate for YOUNGA were among several significant opportunities I had over the year...I have so much respect and admiration for my peers - high-achieving talented girls, inspiring each other while embracing vulnerability. The TA experience was one I can’t recommend enough!
We conducted our second quarterly connect for the year on June 17, as part of our efforts to explore and strengthen intra-community dialogue. The June connect explored women’s representation in the media and its impact on gender stereotypes and inequality. It was attended by 80 members representing 34 Clubs.

On April 12, at the Career Fair at KR Mangalam School, Girl Up India interacted with students, teachers, and parents over leading action in their school and communities through Girl Up. Such engagements allow for our continued hands-on approach to connecting with youth in the country.

Girl Up India, in partnership with UiPath Foundation, supports the education of 30 students at Swarachna School, Sitapur. The partnership fosters peer to peer learning by facilitating quarterly interactions between Girl Up volunteers in Lucknow and the scholarship recipients. On April 8, 2023, 9 volunteers visited the school engaging in an interactive gender training session.
Girl Up India

Highlights
YourStory covered Girl Up’s five-year journey in India. In conversation with Country-Director Aditi Arora, YourStory Lead Editor Rekha Balakrishnan shared the work undertaken by Girl Up India and our network of Clubs. Since 2018, we have expanded to 26 States and Union Territories with over 700 Clubs (as of May 2023).

The Country Director for Girl Up India, Aditi Arora attended the SI training programme for civil society leaders in Stockholm, Sweden from May 1-12. Through workshops, open discussions, and networking activities, attendees shared experiences, addressed common challenges, and initiated new innovative collaborations. The lab has already resulted in co-creating change through partnerships in the field of education and gender equality.
Club
Spotlights
To celebrate menstrual health and combat the stigma surrounding menstruation, trainers at Swarachna School, Sitapur conducted a myth busting activity, titled ‘Red Dot’ with members of Girl Up Daraksha and Hausla. The Club members drew red dots on their palms and received reusable pads to reframe narratives and practices surrounding menstruation.
In support of MHM, Girl Up Sheईशा conducted two sanitary pad distribution drives. The first on April 1, in partnership with the NGO Warriors Without Cause, where Club members engaged beneficiaries in an urban slum near Yamuna Bank metro station, New Delhi. The second on June 7 at Dribble Academy, in partnership with Zariya and Dribble Academy, Noida. Combined, the campaign supported a total of 100 menstruators, ensuring access and knowledge on products and practices geared toward establishing optimal menstrual hygiene.
Girl Up Bani's distribution drive #MyRightToMenstrualHygiene, in partnership with Connecting Dreams Foundation and SRCC, took place on June 3 at Ravidas Camp. Through the drive, they were able to reach 50 girls, providing them with over 300 sanitary napkins and MHM training.
Girl Up Imkaan led its MHM campaign 'Project Shakti' in the months of May-June 2023. As a part of the campaign, an awareness workshop was conducted to debunk myths surrounding menstrual health and hygiene. The workshop covered PCOS, menarche, menopause, and nutrition. Later, on June 11, a distribution drive was carried out, in partnership with the Rotaract Club of Delhi South, reaching 98 menstruators.
In partnership with Ihita Foundation, Girl Up Oasis initiated 'Project Surkh', involving two cycles of distribution. The Club donated 1,000 sanitary napkins to 500 beneficiaries in Kailash Nagar, Kurukshetra and Govt. Middle School in Ratgal, Kurukshetra on April 28 and May 25 respectively.
Since their registration in March this year, the Club conducted its first major campaign, ‘Period Care Drive 1.0’ on June 4. A team of volunteers distributed sanitary napkins and engaged with 50 young women at Sanjay Camp in New Delhi.
In its 13th year, the Girl Up Global Leadership Summit 2023 'Our Voice Our Power', brought together inspiring voices like Harnaaz Kaur Sandhu, Phoebe Gates, Dr. Nina Ansary and more for a day-long virtual event. At the Summit, youth from across the globe were able to come together to collaborate, attend expert-led workshops and build a strong network.

At the Summit, Pritika Kannapiran, Leena Joshi, and more from the Girl Up community in India received the opportunity to moderate and lead sessions.

Having founded my Club, Girl Up Zubaan with the core objective of redefining feminism, my address in this prestigious summit marked the culmination of my journey as an intersectional feminist. I have been deeply humbled and inspired by the passion, power and prudence packed in the Girl Up powerhouse.

Parneet Kaur, Workshop Speaker, Global Summit 2023
The Summit was a transformative experience, and as a speaker, I was honored to deliver a powerful talk on the intersectionality of gender equality, education, and climate change. I strongly believe that climate justice isn't possible without gender equality and it was empowering to be able to share my story to inspire change among youth and advocate for a more inclusive and sustainable world.

Leena Joshi,
Workshop Speaker, Global Summit 2023

Co-leading a workshop at the Global Leadership Summit 2023 was an incredible experience, as it not only helped me develop my presentation skills by engaging with a responsive and active audience but also allowed me to interview and learn from high-profile panelists who truly inspired me! It was also special to co-host it with my dear friend and fellow Teen Advisor María José, as our last official event as Teen Advisors for 2022-23.

Saundarya,
Workshop Moderator, Global Summit 2023
We exchanged stimulating ideas surrounding FemTech and Design Inclusivity, unraveling the boundless potential of modern technology. Thank you Girl Up, I couldn’t have asked for a better experience.

Pritika Kannapiran,
Workshop Speaker, Global Summit 2023

The summit was very inclusive. Joining Girl Up in 2022, I hadn't realized the transformative power of community - I have become more empathetic and inclusive.

Kavya,
Workshop Speaker, Global Summit 2023

The Girl Up community has always been very welcoming and being recognised at a global platform for my contributions to share my perspective was an incredible opportunity.

Aiden,
Fireside Chat Speaker, Global Summit 2023
I first heard about Girl Up in 2019 when Aditi came to my school. I was immediately intrigued and joined my school's Girl Up Club. Since then I've been a Girl Up girl and the journey from being a member to becoming the President and leading a Club has been most empowering. This year, I was a part of Girl Up India's Gender Run 2030 Organising Committee and am currently a part of their Leadership Summit Organising Committee. The opportunity to partner with the team for MHM Day came as a cherry on top! Girl Up has shaped me to become a confident, empathetic and determined individual and I'm immensely grateful for this journey.

Vishnupriya Gaur
President, Girl Up Bani
While I'm new to the community, my journey with Girl Up has already been deeply enriching. In March this year, I discovered the call for volunteers for Girl Up Bani over WhatsApp and decided to apply. Since then, I have been a part of our Club's first fundraising stall at Jesus and Mary College and the MHM distribution drive in partnership with Girl Up India. In a short time, I have found a community that is nurturing and inclusive and learned to look at issues with a solution lens. I'm grateful for the community and the experiences.

S. Ananya
Member, Girl Up Bani
The World Menstrual Hygiene Management Day is observed on May 28. 500 million people across the world lack access to menstrual products and adequate facilities for MHM. The global effort is to make MHM more efficient by 2030. Girl Up India is committed towards realising this goal. Since 2018, along with our Clubs, we have undertaken numerous menstrual equity campaigns, supporting over 25,000 menstruators across the country. MHM is crucial to gender equality, and we are committed to it.
800 million individuals are menstruating worldwide at any given time, so it is a crucial issue deserving of our attention.

Read the full blog here
The 2023 Girl Up India Leadership Summit is a day-long event packed with inspiring conversations and workshops led by experts and champions in the gender justice space. If you are a passionate gender justice advocate, save the date and stay tuned for more updates on the Summit. We are so excited to host you! Also, check out the Girl Up India Speaker Pool for an exclusive speaking spot at the Summit!

**Date: October 8, 2023**  
**Venue: Vivanta by Taj, Dwarka**

If you or your company is interested in partnering or sponsoring the Girl Up India Leadership Summit, please reach out to Hameeda Syed, Associate-Programs at hsyed@girlup.org.
Job Board

Sampark Foundation
Position: Program Coordinator

The Quantum Hub
Position: Public Policy Analyst

Quest Alliance
Position: Associate Program Manager, Youth Program

Centers for International Projects Trust (CIPT)
Position: Project Coordinators

Aga Khan Rural Support Programme
Position: Placements Officer, Youth Development Programme

World Resources Institute
Position: Intern – Leaders in Climate Change Management Program

This is a curated list of opportunities; we do not endorse any brands.
ADITI ARORA
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